

START A SNACK SHAK IN YOUR SCHOOL



Weekend hunger is a serious problem that affects millions of teens across the nation. In fact, an estimated 6.8 million 10-19-year-olds in the U.S. are food insecure.

At Snack Pak 4 Kids, we believe no child should ever go hungry – including those in middle and high school. That’s why we created the Snack Shak program to provide teens with brand new, brand-name food over the weekend.

WHAT’S SNACK SHAK?

Snack Shak matches adult-sized portions and choices with a student-run process that gives older students the opportunity to select and prepare their own fulfilling, nutritious meals. It focuses on treating students with dignity and respect. As a result, the process is discrete, anonymous, and safe.

Snack Shak not only benefits the recipient but also the volunteers that make this project possible. It is designed to be run and managed by high school or middle school students, giving students the chance to see the need for hunger relief programs firsthand and to make a difference in the lives of their peers.

THE IMPACT OF SNACK SHAK



84.61%

of recipients are sophomores or juniors and in the middle of their high school career.



94%

of recipients share their food with their whole family



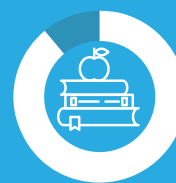
83%

of students still need the program for the following years.



85%

of teachers felt the program was effective at meeting the needs of chronically hungry students.



88%

of teachers felt the program was beneficial.

“It allows me to help the people I care about, and sometimes, if we run out of food for the month, we need what little we can get.” - Snack Shak Participant

“It really opened my eyes to how many people in our school struggle, because I don’t see it every day. I’ve learned that I need to be willing to serve them with a happy heart and how to work well with other people.” - Snack Shak Volunteer

"I had a student at the first of the year who would come to school every Monday morning and physically looked sick. The first Monday he returned to school after receiving a bag was amazing. His attendance has improved, and he has now passed 3 of his 5 EOC tests. I wholeheartedly know that this program has made a difference in the life of this student and his grandmother." - Teacher

HOW SNACK SHAK WORKS



1. A student in need of Snack Shak fills out and submits an anonymous form online. This form allows them to identify what food they need and to select a location where they feel comfortable picking up their bag.



2. That form is sent to the adult campus coordinator, who then prints and stores it in a binder containing all open orders for the week. The order form is also accompanied by a custom sticker that identifies the requested pick-up location.



3. On packing day, which is typically once or twice a week, students line up, arm themselves with a grocery bag, and get ready to fill orders.



4. Each student takes their grocery bag to the student who is managing the binder. They are given a sticker to place on their grocery bag and a printed order form that tells them which food items should be included.



5. The student walks around the food shelves and fulfills the order by placing each listed food item into the bag.



6. Once the bag has been filled and the order completed, the student then ties the bag closed and places it in the bin that corresponds with the pick-up location identified on the order form.



7. The bags in each bin are taken to the pick-up locations on Thursday afternoon.



8. Students pick up their bags at their requested location before leaving school on Friday.



9. The student has brand new, brand-name food to eat over the weekend and returns to school on Monday morning ready to learn.

Let's end weekend hunger in teens together! Learn more by visiting sp4k.com/start-a-snack-shak, calling 806.337.5252, or emailing info@snackpak4kids.org.

